

**PLEASE READ BEFORE**  
**PRINTING**

**Print page 2 of this document  
at 100% to ensure you are  
sizing yourself properly!**

**To double check your printing  
accuracy, compare the printed  
measure guides with a  
standard size ruler.**



Measure width of nose.

## Nasal Mask Measurement

- Using the ruler above measure the width of your nose.
- Using your nose measurement, find your mask size in one of the charts below.

Size	*Advance
Small	
Advance	

Size	Élan®
Small	
Regular	
Large	

\* SleepWeaver Advance is one size fits most. If your nose measurement falls under 1 1/4 inches try SleepWeaver Advance Small first.

NOTE: If your measurement falls between sizes on ANY mask, choose the SMALLER mask size.

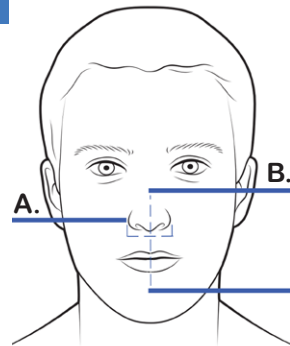
A. Measure width of nose:



## Full Face Mask Measurements

- Find measurement A. using top ruler.
- Find measurement B. using side ruler.
- Using both measurements, find your mask size in the chart below.

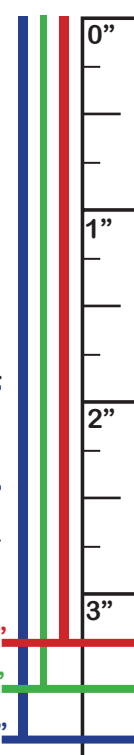
Anew® Size	A. Measurement	B. Measurement
Small	1" to 1 1/4"	3 1/4" to 3 1/2"
Regular	1 1/4" to 1 1/2"	3 1/2" to 3 3/4"
Large	1 1/2" & Up	3 3/4" & Up

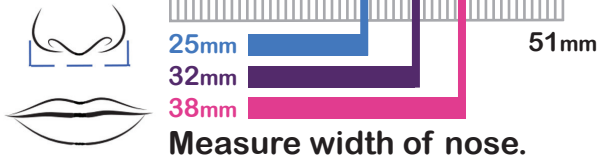


B. Measure from bridge of nose to center of chin: 3 1/4 in"

3 1/2 in"

3 3/4 in"





**Measure width of nose.**

## Nasal Mask Measurement

- Using the ruler above measure the width of your nose.
- Using your nose measurement, find your mask size in the chart below.

Nose Size	*Advance	Advance <u>Small</u>	Elan®
Small		●	●
Regular	●		●
Large	●		●

\* SleepWeaver Advance is one size fits most. If your nose measurement falls under 32mm try SleepWeaver Advance Small first.

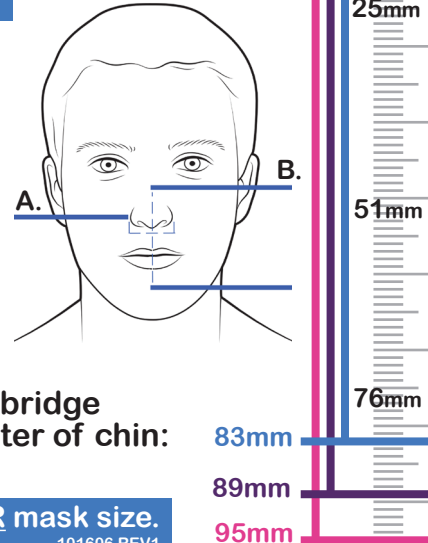
**NOTE: If your measurement falls between sizes on ANY mask, choose the SMALLER mask size.**

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## Full Face Mask Measurements

- Find measurement A. using top ruler.
- Find measurement B. using side ruler.
- Using both measurements, find your mask size in the chart below.

Anew® Size	A. Measurement	B. Measurement
Small	25 to 32mm	83 to 89mm
Regular	32 to 38mm	89 to 95mm
Large	38mm & Up	95mm & Up



**B. Measure from bridge of nose to center of chin:**

83mm  
89mm  
95mm